



ALLERGEN INFORMATION

MEAL	Halal Suitable	Celery	Crustaceans	Egg	Fish	Gluten (Barley)	Gluten (Oats)	Gluten (Rye)	Gluten (Wheat)	Lupin	Milk	Molluscs	Mustard	Nuts	Peanut	Sesame Seeds	Soya	Sulphites
	H	c	cr	e	f	gb	go	gr	gw	lp	ml	mc	m	n	p	ss	s	sp
Ballymaloe Chicken Sandwich	Y								X									
Ballymaloe Sausage Sandwich									X									
BBQ Chicken Wrap	Y						X		X		X							X
BBQ Pulled Pork Wrap							X		X									X
Burger Bites, Potato & Veg																		
Chicken & Chorizo Pasta Bake									X		X							
Chicken Curry & Rice	Y										X							
Chicken & Broccoli Pasta Bake	Y								X		X							
Chicken Goujons & Potato Cubes	Y								X									
Chicken Tenders, Potato Cubes & Veg	Y																	
Curry Wrap	Y						X		X		X							
Margherita Ciabatta LGE	Y								X		X							
Margherita Ciabatta	Y								X		X							
Pasta Bolognese									X									
Plain Pasta	Y								X									
Plain Rice	Y																	
Roast Chicken, Potato, Veg & Gravy	Y																	
Sausage, Mash & Beans									X		X							
Vegetarian Burrito							X		X									
Vegetarian Tortellini	Y			X					X		X							
Wholemeal Pizza & Cubes	Y								X		X							

X - Contains this allergen as an ingredient or included in an ingredient

Y - Denotes this meal is Halal suitable.

Freshtoday does not use any products with nut as an ingredient on our hot meals menu.

Rev 20/03/2026